Course Dates
Leicester Training Centre

01530 833 533
INFO@OMS.UK.COM
OMS.UK.COM
Contents

Courses & Dates

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All course prices are exclusive of VAT, which will be added to costings automatically at the current rate.
OMS Training & Compliance Solutions

Trading for over 22 years, OMS was founded to build on its leadership team’s extensive experience to provide consultancy and training services to the highest possible standards and with a culture that is recognised as highly ethical. With a clear focus on listening to our customers.

Learn in style
Our modern Training Centre is conveniently located right in the centre of the UK in Leicestershire, and is just two miles from J22 of the M1, with further satellite sites in the Midlands. With free onsite parking. Comfort and enjoyment is key to successful learning. Our spacious training rooms have been designed to enhance the comfort and space of delegates whilst they train.

Different from the rest
OMS are not a production line training provider, we advise and work with our customers to find the right training for your staff & have an arsenal of tools to help us do so. Whether we provide you with our bespoke LMS system or our Managed Training Service in which we take full responsibility to source your external training using our buying power, to achieve discounts on high quality specialist training.

Training to suit you
Our state of the art training centres have regular public courses taking place across the year planned 12 months in advance, allowing you to plan the training around your busy schedules. We also offer bespoke in-house courses, in which our trainer can come to your centre should you wish and provide the training required built around the challenges your staff face on a daily basis.

Clive Ormerod
Managing Director
OMS

OMS has a team of experts who can offer advice and guidance in Health & Safety, HR and compliance issues. Drawn from a wide range of backgrounds, they bring their own experience and expertise to your organisation's challenges.

Investing in the growth and Training of your Staff
OMS has grown through developing solutions that meet customer needs and aspirations. Today, OMS has a core team at its head office and training centre in Leicestershire and a network of specialist associates, enabling it to provide a broad range of expertise to public and private sector organisations of all sizes.
The CITB Site Safety Plus Scheme provides the building, civil engineering and allied industries with a range of courses for people seeking to develop skills in this area.

Our courses are designed to give everyone from operative to senior manager the skills they need to progress through the industry.

From a one-day Health and Safety Awareness course to the five-day Site Management Safety Training Scheme, our courses ensure everyone benefits from the best possible training.

### Health & Safety Awareness + CSCS Test
- **1 DAY**
- **£135.00 + VAT**
- **CSCS Test - £35.00 + VAT**

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<thead>
<tr>
<th>Date</th>
<th>01/20</th>
<th>02/20</th>
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### Site Management Safety Training Scheme (SMSTS)
- **5 DAYS**
- **£550.00 + VAT**

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<th>Date</th>
<th>13 Jan</th>
<th>3 Feb</th>
<th>9 Mar</th>
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<th>24 Aug</th>
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<th>19 Oct</th>
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<td>27 Jan</td>
<td>8 Jul</td>
<td>5 Mar</td>
<td>14 May</td>
<td>8 Jul</td>
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### Site Management Safety Training Scheme Refresher (SMSTS-R)
- **2 DAYS**
- **£299.00 + VAT**

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<thead>
<tr>
<th>Date</th>
<th>9 Jan</th>
<th>13 Feb</th>
<th>19 Mar</th>
<th>6 Apr</th>
<th>11 May</th>
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<th>27 Aug</th>
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<th>4 Feb</th>
<th>10 Sep</th>
<th>20 Apr</th>
<th>26 Oct</th>
<th>16 Jul</th>
<th>16 Dec</th>
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### Site Supervisors Safety Training Scheme (SSSTS)
- **2 DAYS**
- **£290.00 + VAT**

### Site Supervisors Safety Training Scheme Refresher (SSSTS-R)
- **1 DAY**
- **£189.00 + VAT**

### Site Environmental Awareness Training Scheme (SEATS)
- **1 DAY**
- **£145.00 + VAT**

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*All course prices are exclusive of VAT, which will be added to costs automatically at the current rate.*

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"The Health and Safety Awareness Course was very good, I thoroughly enjoyed it. It was well presented and the tutor was very knowledgeable."

- Steven Hopewell - Paul John Group

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"I found the SSSTS course very informative from a new employee point of view with limited construction knowledge."

- Jason Clarke, WindowMaster Controls Systems LTD
If you have completed previous wiring regulations courses then you will still need to do this course in order to get you working to the current standard. This is a must-have course for anyone working in the electrical domain. It is perfectly located for those in the Leicestershire area.

All those who work within the electrical industry will find this course very useful. On successful completion you will hold an industry-wide recognised qualification, as well as a comprehensive knowledge of the Regulations.

<table>
<thead>
<tr>
<th>City &amp; Guilds 18th Edition Course</th>
<th>13 Jan</th>
<th>4 May</th>
<th>14 Sep</th>
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<tr>
<td></td>
<td>4 Feb</td>
<td>1 Jun</td>
<td>14 Oct</td>
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<td></td>
<td>17 Mar</td>
<td>20 Jul</td>
<td>2 Nov</td>
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<td></td>
<td>1 Apr</td>
<td>17 Aug</td>
<td>7 Dec</td>
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City & Guilds

- 3 DAYS
- £475.00 + VAT

CITB

- Temporary Works Co-ordinator
- 2 DAYS
- £395.00 + VAT

CITB

- Temporary Works Supervisor
- 1 DAY
- £240.00 + VAT

“Nice friendly place and friendly staff and the trainer was knowledgable.”
James Connell

“Very good course and tutor.”
Jamie Price

All course prices are exclusive of VAT, which will be added to costs automatically at the current rate.”
The aims of our CPC training course is to ensure that existing drivers achieve 35 hours of periodic training, which will enable the candidate to achieve their Driver Qualification Card (DQC) and the right to drive professionally within the European Union.

This course is classroom based and is designed for drivers and has been carefully selected to include every-day regulations and guidelines needed.

<table>
<thead>
<tr>
<th>Course</th>
<th>Description</th>
<th>Dates</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>Driver CPC Training</td>
<td>- 5-Day Course</td>
<td>23 Mar - 8 Jun (1 WEEK), 14 Sep - 30 Nov</td>
<td>£350.00 + VAT</td>
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<tr>
<td>Mod 1 - CPC Link Core &amp; Drivers Hours</td>
<td></td>
<td>23 Mar - 8 Jun (1 DAY), 14 Sep - 30 Nov</td>
<td>£75.00 + VAT</td>
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<tr>
<td>Mod 2 - CPC Individual</td>
<td>Performance Loads &amp; Fire Awareness</td>
<td>24 Mar - 9 Jun (1 DAY), 15 Sep - 1 Dec</td>
<td>£75.00 + VAT</td>
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<tr>
<td>Mod 3 - CPC Highways England Smart Motorways</td>
<td></td>
<td>25 Mar - 10 Jun (1 DAY), 25 Mar - 16 Sep, 2 Dec</td>
<td>£75.00 + VAT</td>
</tr>
<tr>
<td>Mod 4 - CPC Vehicle</td>
<td>Banksman &amp; Manual Handling Training</td>
<td>26 Mar - 11 Jun (1 DAY), 17 Sep - 3 Dec</td>
<td>£75.00 + VAT</td>
</tr>
<tr>
<td>Mod 5 - CPC Emergency First Aid at Work Training</td>
<td></td>
<td>27 Mar - 12 Jun (1 DAY), 18 Sep - 4 Dec</td>
<td>£75.00 + VAT</td>
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</table>

Good experience, well worth coming. Excellent and thorough instructor. All questions answered.

Rachel Jarvis – JA Ball Ltd

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ISO 9001 is a certified quality standard designed to help organisations to meet the needs of their customers. Reaching the required standard is a challenge for any organisation, but with our range of courses, we can help your organisation audit itself effectively.

Transform existing auditor skills to conform with ISO 9001:2015, the latest implementation of what is arguably the most successful ISO standard ever.

**ISO 9001:2015 Foundation (QMS)**
- 1 DAY
- 11 Feb
- 24 Aug
- £450.00 + VAT

**ISO 9001:2015 Lead Auditor (QMS)**
- 1 WEEK
- 30 Mar
- 5 Oct
- £1250.00 + VAT

**ISO 9001:2015 Internal Auditor (QMS)**
- 2 DAYS
- 12 Feb
- 25 Aug
- £695.00 + VAT

**Ladder User**
- 4 HOURS
- 28 Jan
- 30 Jul
- £110.00 + VAT

**Ladder Inspection**
- 4 HOURS
- 28 Jan
- 30 Jul
- £110.00 + VAT

Over two million ladders are used daily in the UK, and improper use can lead to injury or even death. The Ladder Association is the home of the vital guidance and training that workers need to work at heights safely and professionally, as well as within the law.

― Michael Hunton

“Easy booking process, course material good. Tutor excellent and knowledge and extremely credible and great coach.”
Formed in 1979, NEBOSH offers a comprehensive range of globally-recognised qualifications designed to meet the needs of occupational health and environmental management teams in all places of work.

At OMS, we offer a number of NEBOSH programmes designed to help you and your teams learn the skills and knowledge they need to succeed in the health and safety industry, as well as gain the recognition they deserve.

<table>
<thead>
<tr>
<th>Programme</th>
<th>Duration</th>
<th>Start Dates</th>
<th>End Dates</th>
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</thead>
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<tr>
<td>NEBOSH National General Certificate in Occupational Health &amp; Safety</td>
<td>2 WEEKS</td>
<td>10 Feb</td>
<td>21 Feb (Exam 4 Mar)</td>
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<tr>
<td>NEBOSH National General Certificate in Occupational Health &amp; Safety - Part-Time Learning</td>
<td>5x2 Day Modules</td>
<td>2 - 3 Apr (Mod 1)</td>
<td>23 - 24 Apr (Mod 4)</td>
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<tr>
<td>NEBOSH Certificate in Environmental Management (EC1 &amp; EC2)</td>
<td>1 WEEK</td>
<td>24 Feb</td>
<td>28 Feb (Exam 4 Mar)</td>
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<tr>
<td>NEBOSH Fire Safety &amp; Risk Management Certificate (FC1 &amp; FC2)</td>
<td>4 DAYS</td>
<td>17 Feb</td>
<td>20 Feb (Exam 4 Mar)</td>
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<tr>
<td>NEBOSH National General Certificate in Construction Health &amp; Safety (NCC1, NCC2)</td>
<td>2 WEEKS</td>
<td>17 Feb</td>
<td>28 Feb (Exam 4 Mar)</td>
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All course prices are exclusive of VAT, which will be added to the actual costs automatically at the current rate.*

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*From booking to completion of my course the experience was excellent and I highly recommend OMS as a course provider.*

Darren O’Mahony
HELPING YOU DEVELOP YOUR EMPLOYEES

Institution of Occupational Safety & Health

Founded over 70 years ago, IOSH has grown into the world’s biggest professional health and safety membership organisation, reaching across the globe with its campaigns and training courses.

OMS are proud to work with IOSH and offer their industry-leading courses, each of which can be tailored to your organisation’s specific needs.

<table>
<thead>
<tr>
<th>IOSH Managing Safely</th>
<th>IOSH Leading Safely</th>
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<tr>
<td><strong>28 Jan</strong> 10 Mar 14 Apr 1 Jun</td>
<td><strong>20 Jul</strong> 9 Sep 7 Oct 30 Nov</td>
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<tr>
<td><strong>3 DAYS</strong></td>
<td><strong>1 DAY</strong></td>
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<tr>
<td><strong>£525.00 + VAT</strong></td>
<td><strong>£295.00 + VAT</strong></td>
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<tr>
<th>IOSH Working Safely</th>
<th>Mental Health First Aid (England)</th>
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<tr>
<td><strong>14 Jan 16 Mar 24 Apr 29 Jun</strong></td>
<td><strong>12 Feb 15 Jun 2 Sep 7 Dec</strong></td>
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<tr>
<td><strong>1 DAY</strong></td>
<td><strong>1 DAY</strong></td>
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<tr>
<td><strong>£150.00 + VAT</strong></td>
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<tr>
<th>Mental Health First Aid</th>
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<tr>
<td><strong>29 Jan 26 Mar 27 May</strong></td>
<td><strong>23 Jul 21 Sep 29 Oct</strong></td>
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<tr>
<td><strong>2 DAYS</strong></td>
<td><strong>2 DAYS</strong></td>
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<tr>
<td><strong>£225.00 + VAT</strong></td>
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"Excellent instructor, clear and concise information on an unknown subject."
Jake Sutton

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MEETING ALL YOUR TRAINING NEEDS

CONTACT OUR TRAINING TEAM
01530 833533
info@oms.uk.com
oms.uk.com

The Safety Pass Alliance (SPA) creates and implements national Safety Passport Training Schemes for a number of industries and works to provide a nationally recognised standard of health and safety assurance. They offer a suite of courses tailored to a wide range of industries.

OMS is pleased to offer a selection of their courses, including one on quarry health and safety training in partnership with the Mineral Products Qualifications Council.

### SPA Core Safety Passport
- **£151.00 + VAT**
- **1 DAY**
- **30 Mar**
- **4 Jun**
- **1 Sep**
- **2 Nov**

### SPA Petrol & Retail - Forecourt Contractors
- **£151.00 + VAT**
- **1 DAY**
- **31 Mar**
- **5 Jun**
- **2 Sep**
- **3 Nov**

### SPA MPQC Mineral Products (Quarry) - Core Day
- **£195.00 + VAT**
- **1 DAY**
- **2 Mar**
- **15 Jun**
- **28 Sep**
- **30 Nov**

### SPA MPQC Mineral Products (Quarry) - Day Two
- **£195.00 + VAT**
- **1 DAY**
- **3 Mar**
- **16 Jun**
- **29 Sep**
- **1 Dec**

"The course was good for learning hazards on sites and quarries."

Derek Allgood, Drainage 2000

"I found this course very informative, well put together, and it had a good tutor."

Paul Swann, Uni-Clean

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HELPING YOU DEVELOP YOUR EMPLOYEES

At OMS, we offer a number of courses from IPAF, with a focus on delivering the skills needed by all those operating powered access equipment, as well as those supervising and managing their use.

Our IPAF 3a & 3b courses are now run regularly at over 40 locations across England, Scotland & Wales. Please contact the OMS team if the date you require is not available in the public course dates below, as we would be happy to organise a specific date to suit you.

At OMS, we offer a selection of courses from PASMA, covering the knowledge needed for safe and legal operation of mobile access towers, protecting both users and those around them.

Our PASMA Towers for Users courses are now run regularly at over 30 locations across England, Scotland & Wales. Please contact the OMS team if the date you require is not available in the public course dates below, as we would be happy to organise a specific date to suit you.

Safety Harness
User & Inspection
£110.00 + VAT

3a & 3b Mobile
Vertical & Boom
(Operator)
£215.00 + VAT

Scaffold & Low-Level Towers
Combined
£195.00 + VAT

Scaffold Towers
for Users
£135.00 + VAT

OMS Training
OMS_training
Company/oms_2

All course prices are exclusive of VAT, which will be added automatically at the current rate.*

3a & 3b Mobile
Vertical & Boom
(Operator)
01/20 02/20 03/20 04/20 05/20 06/20 07/20 08/20
10 Jan 13 Feb 12 Mar 7 Apr 6 May 5 Jun 2 Jul 5 Aug
15 Jan 18 Feb 20 Mar 16 Apr 12 May 9 Jun 7 Jul 13 Aug
24 Jan 27 Feb 24 Mar 21 Apr 21 May 18 Jun 17 Jul 18 Aug
29 Jan 3 Mar 1 Apr 30 Apr 26 May 23 Jun 22 Jul 27 Aug
3 Feb

Safety Harness
User & Inspection
23 Jan 7 May 22 Sep 24 Sep 31 Jul
25 Feb 2 Jun 21 Oct 24 Sep 15 Sep 10 Sep 10 Dec
23 Mar 6 Jul 6 Nov 29 Oct 15 Sep 13 Oct 16 Dec
6 Apr 12 Aug 21 Dec

Scaffold & Low-Level Towers
Combined
21 Feb 6 Aug 20 May 16 Nov

“Brilliant course, the trainer delivered it perfectly, I’ll definitely be back to do the PASMA course.”
Kieran Howker, QPI

“Very well delivered, simple and precise.”
Kieran Johnson, Electract

PASMA
Prefabricated Access
Suppliers & Manufacturers
Association

OMS offers a selection of courses from PASMA, covering the knowledge needed for safe and legal operation of mobile access towers, protecting both users and those around them.

Our PASMA Towers for Users courses are now run regularly at over 30 locations across England, Scotland & Wales. Please contact the OMS team if the date you require is not available in the public course dates below, as we would be happy to organise a specific date to suit you.
Every workplace needs trained First Aiders. The first few minutes after an accident or medical incident are critical for the patient, and having those skills on hand makes your workplace safer and protects your organisation.

OMS offers a number of courses in First Aid, ranging from broad overviews to courses tailored to specific types of organisation. We can provide the knowledge and skills you need to stay safe and be prepared when the worst happens.

**First Aid Training**

OMS General Safety Courses

Health and Safety covers a wide range of fields, and at OMS we make sure to offer training not just in the broad skills you need to succeed as a health and safety professional, but also into specific topics that might be critical for your industry.

Each course can be tailored to your organisation’s particular needs and delivered in your workplace.

**First Aid at Work**

Emergency First Aid at Work

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<tr>
<th>Dates</th>
<th>Price</th>
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<tr>
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<td>£95.00 + VAT</td>
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<tr>
<td>27 Mar</td>
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<td>12 Jun</td>
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**First Aid at Work**

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<tr>
<th>Dates</th>
<th>Price</th>
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<tr>
<td>5 Feb</td>
<td>£225.00 + VAT</td>
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<td>5 May</td>
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<td>12 Aug</td>
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“Trainer was excellent, interactive and gave useful and excellent info.”

Abdul Walilay
HELPING YOU DEVELOP YOUR EMPLOYEES

OMS

OMS General Safety Courses

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<thead>
<tr>
<th>Course</th>
<th>Date</th>
<th>Duration</th>
<th>Price</th>
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<tbody>
<tr>
<td>Abrasive Wheels</td>
<td>11 Feb, 3 Mar, 15 Apr, 17 Jun</td>
<td>4 HOURS</td>
<td>£85.00 + VAT</td>
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<tr>
<td>Confined Space Awareness</td>
<td>21 Jan, 5 Mar, 15 May</td>
<td>4 HOURS</td>
<td>£85.00 + VAT</td>
</tr>
<tr>
<td>Working at Heights</td>
<td>23 Jan, 25 Feb, 23 Mar, 6 Apr</td>
<td>4 HOURS</td>
<td>£85.00 + VAT</td>
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<tr>
<td>UK Asbestos Training Association</td>
<td>16 Jan, 6 Feb, 16 Mar, 8 Apr</td>
<td>4 HOURS</td>
<td>£95.00 + VAT</td>
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“All course prices are exclusive of VAT, which will be added at costs automatically at the current rate.”

Employers in the UK are legally obliged to provide training with asbestos, and this course from the UK Asbestos Training Association (UKATA) is designed to give workers everything they need to protect themselves and how to deal with asbestos when discovered on site.

“Employers in the UK are legally obliged to provide training with asbestos, and this course from the UK Asbestos Training Association (UKATA) is designed to give workers everything they need to protect themselves and how to deal with asbestos when discovered on site.”

“The course is just perfect. I have learnt a lot, the tutor was on point.”

Ephraim Khenaere